

# 10 Minute Lesson Plan

## Youth Fire Safety Education

### Know the Sound of Your Smoke Alarm

**Audience:** Youth - Elementary school age (facilitator adjust to the age of the audience).

**Lesson Objective:** By the end of this lesson, youth will know what to do when the smoke alarms sounds.

**Step 1:** Introduction: (2-3 Minutes) Materials Needed: Working smoke alarm; if possible have a phone app or audio file with sounds of working and low battery smoke alarms.

- Greet the youth and thank them for letting you talk to them.
- Introduce yourself. Today we will be talking about smoke alarms.
- Ask the youth what a smoke alarm sounds like.

**Step 2:** Body of Presentation: (5-6 Minutes)

- Hold up the working smoke alarm. Let them know its going make a loud noise when you press the button and have them cover their ears. Press the test button on the smoke alarm.
- Explain that a smoke alarm knows when there is smoke in your home. When it sounds, everyone needs to know to get out of the house and go to their meeting place.
- When there is smoke, there is probably fire somewhere and smoke is always bad for you.  
Activity: (Ask the youth to crawl on their hands and knees this shows them how to exit their home if there is smoke.) (You can demonstrate smoke by having staff or volunteers hold up a sheet about waist high and have youth crawl under the sheet.)
- Discuss with youth the sound of a low battery smoke alarm, chirp-chirp-chirp (if using the phone app, play a low battery smoke alarm sound). Show the difference between the working and low battery alarms. If you have a younger audience, have youth demonstrate by making the noise that a working smoke alarm makes (beep-beep-beep) and the noise a low battery smoke alarm makes (chirp-chirp-chirp).
- Encourage youth to have an adult test the smoke alarm in their bedroom each month.

**Step 3:** Conclusion: (1 Minute)

- Hand out Smoke Alarm Coloring Sheet (either color in the station or at home) or sticker. If giving the youth a sticker; encourage them to remind their parents to check the date of their smoke alarms.
- Review:
  - Everyone in your home should know the rules to get out of the house if there is a fire.
  - If a smoke alarm goes beep-beep-beep; it means there's smoke in your home and you need to get out fast and stay low near the floor.
  - Get Out and Stay Out. Don't stop to get anything, not even your favorite toy.
  - Go to your family meeting place right away! Stay at your meeting place until an adult tells you it's safe to go back into your home.
- Ask: What do you do when the smoke alarm sounds? **Get Out and Stay Out.**

